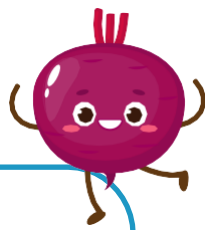




3 Choice Menu (June - April) for Primary Schools & Early Years

(this menu starts 2nd June 2025)



weeks commencing; 2nd Jun (in-service), 30th Jun, 18th Aug (in-service), 15th Sep (in-service), 27th Oct, 24th Nov, 22nd Dec, 5th Jan (hol), 2nd Feb, 2nd Mar, 30th Mar

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Orange	Fish Fingers & Chips with Seasonal Veg/ Salad	Mince (Beef) & Mashed Tatties with Seasonal Veg (H)	Homemade Sausage Roll (Pork) with Mashed Potato & Beans or Seasonal Veg/ Salad (H)	Spaghetti Bolognese & Garlic Bread with Seasonal Veg/Salad (H)	Chicken Goujons in a Wrap with Seasonal Veg/Salad
Green	Baked Potato with Cheese/Beans & Seasonal Veg/ Salad (H, V)	Macaroni Cheese & Garlic Bread with Seasonal Veg/ Salad (H, V)	Vegan Burger in a Bun with Seasonal Veg/ Salad (Ve)	Homemade Soup with Spanish Omelette & Seasonal Veg/ Salad (H, V)	Veggie Chilli & Rice with Seasonal Veg/Salad (H, Ve)
Blue	Homemade Soup with Cheese & Egg Picnic Platter (V)	Homemade Soup with Tuna Mayo Sandwich & Seasonal Salad	Homemade Soup with Chicken Sandwich & Seasonal Salad	Homemade Soup with Ham Sandwich & Seasonal Salad	Homemade Soup with Cheese Sandwich & Seasonal Salad (V)
Dessert	Yoghurt & Fruit	Jelly & Fruit	Fruit Platter	Chocolate Cookie & Fruit	Ginger Biscuit & Fruit



Water or milk available to drink.



H = Homemade
V = Vegetarian
Ve = Vegan



Sandwich fillings are in wholemeal bread, rolls or wraps. All breads contain over 3% fibre. All spreads are dairy free.

Yoghurts contain under 3% fat and less than 10% sugar.



Sausages contain over 62% UK Red Tractor Pork.

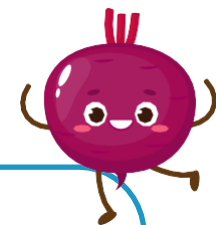


Our food contains no unwanted additives e.g. trans fats, MSG, sweeteners or undesirable food colouring



3 Choice Menu (June - April) for Primary Schools & Early Years

(this menu starts 2nd June 2025)



weeks commencing; 9th Jun, 25th Aug, 22nd Sep, 3rd Nov, 1st Dec, 12th Jan, 9th Feb, 9th Mar

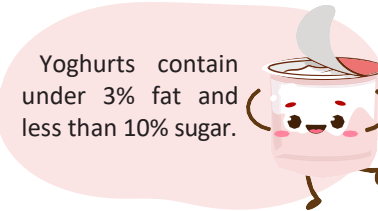
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Orange	Gf Pork Meatballs in a Tomato Sauce with Mash or Seasonal Veg/ Salad (H)	Chicken Korma & Rice with Seasonal Veg/Salad	Salmon Fish Fingers* & Chips with Seasonal Veg/ Salad * Salmon Nibbles in ELC	Roast Beef, Gravy, Mash & Yorkshire Pudding* with Seasonal Veg (H) * No Yorkshire Pudding in ELC	Homemade Chicken Burger with Diced Potatoes & Seasonal Veg/Salad (H)
Green	Quorn Sausage Toad in the Hole with Gravy & Mash with Seasonal Veg/Salad (H,V)	Cheesy Lentil Bake & Baked Beans with Seasonal Veg/Salad (H,V)	Cheese and Tomato Pizza & Chips with Seasonal Veg/Salad (V)	Homemade Soup & Cheese Wheel with Seasonal Veg/Salad (H,V)	Roasted Vegetable Pasta with Crusty Bread & Seasonal Veg/ Salad (H,Ve)
Blue	Homemade Soup with Cheese & Egg Picnic Platter (V)	Homemade Soup with Tuna Mayo Sandwich & Seasonal Salad	Homemade Soup with Ham Sandwich & Seasonal Salad	Homemade Soup with Sliced Chicken Sandwich & Seasonal Salad	Homemade Soup with Cheese Sandwich & Seasonal Salad (V)
Dessert	Yoghurt & Fruit	Carrot Cake & Fruit	Oat Cookie & Fruit	Fruit Platter	Shortbread & Fruit



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V = Vegetarian
Ve = Vegan



Sandwich fillings are in
wholemeal bread, rolls or wraps.
All breads contain over 3% fibre.
All spreads are dairy free.



Sausages contain
over 62%
UK Red Tractor Pork.

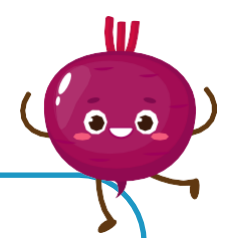


Our food contains no unwanted additives e.g. trans fats, MSG, sweeteners or undesirable food colouring



3 Choice Menu (June - April) for Primary Schools & Early Years

(this menu starts 2nd June 2025)



weeks commencing; 16th Jun, 1st Sep, 29th Sep, 10th Nov, 8th Dec, 19th Jan, 16th Feb (hol), 16th Mar

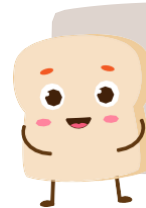
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Orange	Breaded Fish* & Chips with Seasonal Veg/Salad * Fish Fingers in ELC	Cheeseburger & Diced Potatoes with Seasonal Veg/Salad	Chicken Fried Rice with Cook's Choice Homemade Sauce & Seasonal Veg/ Salad (H)	Beef Lasagne & Diced Potatoes with Seasonal Veg/Salad (H)	Chicken Fajitas with Seasonal Veg/Salad (H)
Green	Creamy Veg Pearl Barley Risotto & Crusty Bread with Seasonal Veg/Salad (H,V)	Sweet Potato & Coconut Curry with Rice & Seasonal Veg/Salad (H,Ve)	Macaroni Cheese & Garlic Bread with Seasonal Veg/Salad (H,V)	Vegan Sausage Roll with Mash, Beans & Seasonal Veg/Salad (Ve)	Baked Potato with Cheese/Beans & Seasonal Veg/Salad (H,V)
Blue	Homemade Soup with Sliced Chicken Sandwich & Seasonal Salad	Homemade Soup with Ham Sandwich & Seasonal Salad	Homemade Soup with Tuna Mayo Sandwich & Seasonal Salad	Homemade Soup with Cheese Sandwich & Seasonal Salad (V)	Homemade Soup with Ham & Egg Picnic Platter
Dessert	Yoghurt & Fruit	Fruit Platter	Ice Cream & Fruit	Chocolate Brownie & Fruit	Flapjack & Fruit



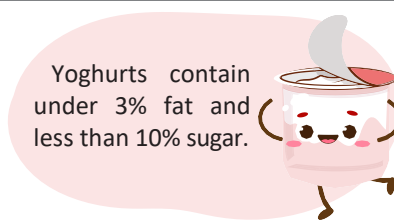
Water or milk available to drink.



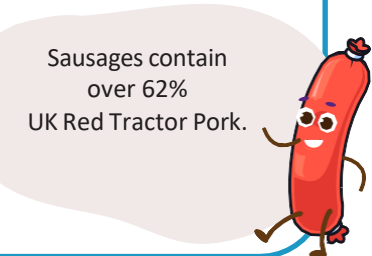
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V = Vegetarian
Ve = Vegan



Sandwich fillings are in wholemeal bread, rolls or wraps. All breads contain over 3% fibre. All spreads are dairy free.



Yoghurts contain under 3% fat and less than 10% sugar.



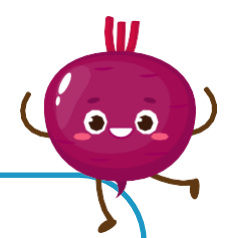
Sausages contain over 62% UK Red Tractor Pork.

Our food contains no unwanted additives e.g. trans fats, MSG, sweeteners or undesirable food colouring



3 Choice Menu (June - April) for Primary Schools & Early Years

(this menu starts 2nd June 2025)



weeks commencing; 23rd Jun, 8th Sep, 6th Oct, 17th Nov, 15th Dec, 26th Jan, 23rd Feb, 23rd Mar

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Orange	Homemade Fishcakes & Chips with Seasonal Veg/ Salad (H)	Pork Sausages in a Hot Dog Roll with Seasonal Veg/Salad	Chicken in Homemade Katsu Curry Sauce with Rice and Seasonal Veg/Salad (H)	Steak Pie & Boiled Potatoes with Seasonal Veg/Salad (H)	Mild Chilli Beef Nachos topped with Cheese with Seasonal Veg/Salad (H)
Green	Quorn Dippers in a Wrap with Seasonal Veg & Salad (Ve)	Kitchari Rice & Peas with Crusty Bread with Seasonal Veg/Salad (H,Ve)	Vegetarian Lasagne & Crusty Bread with Seasonal Veg/Salad (H,V)	Pizza Baguette & Diced Potatoes with Seasonal Veg/ Salad (H,V)	Tomato Pasta with Tortilla Chips & Seasonal Veg/Salad (Ve)
Blue	Homemade Soup with Cheese Sandwich & Seasonal Salad (V)	Homemade Soup with Tuna Sandwich & Seasonal Salad	Homemade Soup with Cheese & Egg Picnic Platter & Seasonal Salad (V)	Homemade Soup with Ham Sandwich & Seasonal Salad (V)	Homemade Soup with Sliced Chicken Sandwich & Seasonal Salad
Dessert	Yoghurt & Fruit	Lemon Drizzle Cake & Fruit	Coconut Biscuit & Fruit	Fruit Platter	Vanilla Cookie & Fruit



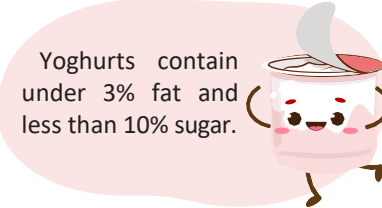
Water or milk available to drink.



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V = Vegetarian
Ve = Vegan



Sandwich fillings are in wholemeal bread, rolls or wraps. All breads contain over 3% fibre. All spreads are dairy free.

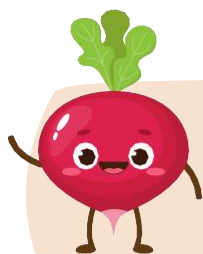


Yoghurts contain under 3% fat and less than 10% sugar.

Sausages contain over 62% UK Red Tractor Pork.



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Check with your school if the meals offered are 3 Choice, 2 Choice, Single Choice or Grab & Go Friday menu.
Supply issues may mean that some meals are changed at short notice, we will attempt to communicate this through your school.



School meals for children in Primary 1 to 5 are free.
Payment options are at the link below or contact catering services
www.highland.gov.uk/info/878/schools/9/school_meals/2



Fruit and Veg are sourced locally
where possible.



Eggs are local and free range.



All meat and poultry is UK Farm assured.



Our salmon and white fish is certified
by Marine Stewardship Council.



For Allergies, Intolerances, Cultural, Ethical or ASN meal choices - apply online
www.highland.gov.uk/info/878/schools/9/school_meals/4



Contact details
Email: cl.catering@highland.gov.uk
Phone: 01463 644102

